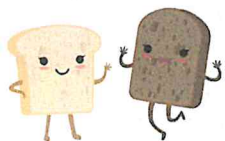


Bread served
with every
meal



If your child has an allergy or special dietary requirements, please inform the school and our catering team so we can discuss their needs.



Please note, we are unable to guarantee a completely food allergen free environment as foods containing allergens are used in our kitchens.



All main meals are served with vegetables or salad.
Our menus comply with Government School Food Standards.

	WEEK 1	WEEK 2	WEEK 3
	Served w/c 6th & 27th Sept, 18th Oct, 15th Nov, 1st Dec	Served w/c 13th Sept, 2nd Oct, 1st & 22nd Nov, 13th Dec	Served w/c 20th Sept, 11th Oct, 8th & 29th Nov
Monday	Beefburger in a Bun Chipped Potatoes Peas & Carrots Sticky Date & Apple Bars with Custard Fresh Fruit or Fruit Yoghurt	 Connie's Chicken Quesadilla & Rice Sweetcorn & Green Beans Sultana & Oat Cookie Fresh Fruit or Fruit Yoghurt	Minced Beef & Dumpling ½ Jacket Potato Mixed Vegetables Chocolate Crispy Fresh Fruit or Yoghurt
Tuesday	  Rainbow Cottage Pie Green Beans & Sweetcorn Cheese & Crackers Fresh Fruit or Fruit Yoghurt	Pasta Bolognaise Mixed Greens & Carrots Cheese & Crackers Fresh Fruit or Fruit Yoghurt	  Dippers & Potato Wedges with Tomato Ketchup Green Beans & Sweetcorn Cheese & Crackers Fresh Fruit or Yoghurt
Wednesday	Roast Chicken with Sage & Onion Stuffing & Gravy Roast Potatoes Medley of Vegetables Fruit Muffin Fresh Fruit or Yoghurt	Sausage Toad in the Hole with Onion Gravy Creamy Mashed Potatoes Broccoli & Swede Fruit Mousse Fresh Fruit or Yoghurt	Roast Loin of Pork with Apple Sauce Creamy Mashed Potatoes Gravy Broccoli & Carrots Forest Fruit Roly Poly & Custard Fresh Fruit or Yoghurt
Thursday	Mexican Tortilla Boats Savoury Rice Fresh Fruit or Fruit Yoghurt	 Cheese & Tomato Pizza Diced Potatoes Crunchy Veg Sticks Apple & Berry Crumble & Custard Fresh Fruit or Fruit Yoghurt	Chicken Korma & Rice Green Beans & Cauliflower Fresh Fruit or Fruit Yoghurt
Friday	Fishcake ½ Jacket Potato Baked Beans & Peas Chocolate Banana Sponge & Chocolate Sauce Fresh Fruit or Fruit Yoghurt	Fish Fingers Tomato Ketchup Chipped Potatoes Carrots & Peas Fruit Shortcake Fresh Fruit or Fruit Yoghurt	 Harry Ramsdens Battered Fish Chipped Potatoes Peas & Sweetcorn Iced Swiss Bun Fresh Fruit or Yoghurt



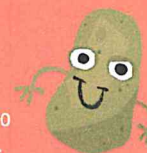
This recognises that:

- Our Menus are designed to make the best use of Seasonal Ingredients
- Our Eggs are always Free Range Eggs
- We serve more of the good stuff – our meals are free from undesirable additives, colouring and sweeteners

Some of our larger schools also like to offer Pasta Pots, Sandwiches and Jacket Potatoes.

Some of our yummy options include:

- Cheese
- Egg
- Tuna Mayo
- Ham
- Chicken Mayo
- Baked Beans



Please check with your catering team if these are available, and what the options are each day.



 = Vegetarian

To find out more information about food/menus/recipes please contact our Technical Support Team:
Email: facilitiesmanagement@northyorks.gov.uk Telephone: (01609) 535324 Website: www.northyorks.gov.uk/schoolmeals
Very occasionally, due to circumstances beyond our control, it may be necessary to change from the menu.